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LIFE IS GOOD Follow Us: A Family Kayak Odyssey 7,300 Km From Copenhagen To Istanbul



Synopsis

What would you do? When Lars Simonsen lost his job and his house, he chose Plan B and took his family on the longest expedition by Hobie kayak ever attempted, and the longest by kayak with a young family. Lars and his partner Suzi sold their furniture and belongings, took their son Tiuri (7) and daughter Liva (5) out of school and hit the water. The plan was to paddle and sail over 7,000 kilometres from Copenhagen to Istanbul. The family made their way along the coastlines and down the waterways of Europe, travelling through 9 countries, crossing the busiest shipping lanes of Europe, and dodging the Turkish Coast Guard. Forced out of their home in the wake of the economic crisis, Lars and Suzi sailed headlong into another crisis, as refugees poured out of Syria and into Europe, and the people of Greece suffered under the collapse of their economy. Despite the troubles affecting Europe, Lars and Suzi were encouraged and inspired by the people they met in each country, welcoming this crazy Danish family into their arms, their homes and their lives. Read Lars and Suzi's story and meet the people of Europe who showed this Danish adventure family that life is indeed good.

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Customer Reviews

I read a lot of adventure and travel narratives. I also am very interested in the logistics of going on epic scale adventures with a family. While this one won't make the classic adventure book lists, it was entertaining enough to keep me reading till the end and dream of my own long distance excursion with my family alongside me.

I met Lars and his adventurous family on the Boot Fair 2017 in Düsseldorf. After an exciting presentation about their journey with two Hobie kayaks from Denmark to Turkey I got a signed LIFE IS GOOD - book. While reading the book you experience the whole trip with them. From the preparation, to the start until the thrilling final in Istanbul. You get insights and an unembellished look into a 7000 km sailing trip with all the ups and downs. The book is easy to read and a page turner, because you really want to know what will happen next. On their journey a lot depended on other people and they made the most of it. It is all about the people you meet along your trip. I am looking forward to their next adventure! Life is good - follow them... :-D

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